

Bash About Programme

Friday August 24th

- 6.30pm onwards** **Registration** for Players and Supporters
Prinzknecht Fuggerstrasse 33 10777 Berlin
<http://prinzknecht.berlin>
Meet the gang. Get your wrist-band, meal tokens and be grateful that there is no crappy 'goody bag' for you to forget and leave behind (*this year is the 'budget BashAbout', cut out the waste!*). Meet your hosts and linger for a drink to eye up the talent – rugby or otherwise.
- 6.00pm onwards** **Welcome** for Coaches, Referees and Sponsors
The Treehouse 2 - Landshuterstrasse 11/12
Name on the bell Wide/Prunic. Drinks and nibbles as we plan ...

Saturday August 25th

- 10.00am** **Meet at the pitch**
Stadion Buschallee Hansastrasse 182 13088 Berlin
<http://www.rugbyklub03-berlin.de>
(It's quite a long way out of the centre – so allow an hour !)
We have 8 changing rooms ... so pick one if you want – or change "pitch-side" and get admiring glances from the crowd.

Registration for those who didn't register the night before.
(Both Players and Supporters).

"Pathfinders" with fetching purple and white neckerchieves are there to help answer your queries, and to pander to your whims!
- 10.30am** **Welcome**
A few words from 'Rugby Daddy' and Colin, our Rugby Supremo
- 10.45am** **Get Bashing !** We're off, and up, and at it - The Clinic !
- 10.45am - 11.15am** **Warm-up** getting those old limbs gently limbered up again
- 11.15am - 12.45pm** **Skills Round Robin** - three stations, three skills to absorb (tackling, rucking and continuity – off-loading the ball).
- 12.45pm - 1.00pm** **B R E A K** - Time to catch your breath and head for the oxygen!
- 1.00pm - 2.00pm** **Positional Training** - Pick a position that isn't necessarily where you would normally play ... experiment a little, be free !

Position Groups:-	1, 2, 3, 4, & 5	Group A	6, 7, & 8	Group B
	9	Group C	10, 12 & 13	Group D
	11, 14, & 15	Group E		

2.00pm - 3.15pm **LUNCH**
 Use your food coupons to satisfy your hunger lust.

 Find out your team, start thinking of strategy (*and a team name*)

3.05pm **Who is your Coach ?** - The 'sack of doom' reveals all.

3.15pm - 4.15pm **Positional Training** - Pick another position and dive deep/

4.15pm - 4,30pm **BREAK** - Phew ! Only and hour and a quarter to go! ... Help!

4.30pm - 5.45pm **The Barbarians** assemble and eye each other up
 Trainers are plotting - and we start work on building those teams.

6.00pm **The Draw** to see who plays whom in the Tournament.
 Captains are chosen from within the teams by popular vote.
 The various Team Hakas are discussed (and choreographed ?)

11.00pm - Late **Official "Getting to Know You" - ButtCocks Party**
 11.00pm **Schwuz Rolbergstrasse 26 12053 Berlin**
<http://www.schwuz.de>
 This is one of THE Club nights in Berlin, the first 50 BashAbouters
 are free – with your wristband. After that it €6 (*rather than €12*).
 Come and get to know the quirks and peculiarities of your team-
 mates. Try to sabotage all the others by buying them drinks ...

Sunday August 26th

10.30am Meet at the pitch
Stadion Buschallee Hansastrasse 182 13088 Berlin
 The jaunty Berlin Bruiser 'Pathfinders' are there once again in their
 neckerchieves to help ... ask them what you will, but keep it clean!

10.15am **Captains' meeting**

10.30am - 11.30am Final Team practicing. Moves and intricate strategy perfected ...

11.30am **Opening Ceremony.** A few thoughts on "Challenging Gender
 Stereotyping in Sport.

11.45am **Team Photo** – The combined masses assemble in all our
 rainbow glory ... A BashAbout tradition ...

12.00pm

The 3rd BashAbout Tournament

Playing Structure (Timings to be confirmed)

Group 'A' Team A (orange), Team B (green), Team C (purple)
Group 'B' Team D, (red) Team E, (yellow) Team F (blue)

12.00 Game 1. Field 1 A vs B
12.00 Game 2. Field 2 D vs E

1.00pm Game 3. Field 1 F vs D
1.00pm Game 4. Field 2 C vs A

2.00pm Game 5 Field 1 B vs C
2.00pm Game 6 Field 2 E vs F

B R E A K

3.30pm Game 7 Field 1 1st in Group 'A' vs 2nd in Group 'B'
3.30pm Game 8 Field 2 1st in Group 'B' vs 2nd in Group 'A'

4.15pm Game 9 Field 1 (*wooden spoon*) 3rd in Group 'A' vs 3rd in Group 'B'

5.00pm Game 10 Field 1 (*3rd place*) Loser of Game 7 vs Loser Game 8

5.45pm The Final Field 1 (*winner !*) Winner of Game 7 vs Winner Game 8

4 points for a win

2 points for a draw

1 'bonus' point for scoring 4 tries (or more)

1 'bonus' point for losing by 7 points (or fewer)

No team can get more than 5 points in a match

6.30pm

The Closing Ceremony and Awards.

Medals, Statuettes and the famous Bruiser Wooden Spoons.

It's not just the winning that counts – it's the taking part ...

8.30pm - late

Bruiser-O-Kie

Monster Ronsons Ichiban Karaoke

Warschauerstrasse 34 10243 Berlin

<http://www.karaokemonster.de>

Our very own BashAbout SingAlong
with Licky Puppy or Gieza Poke or Rugby supremo Colin - we
don't know which yet ... exclusive to the BashAbout until 10.00pm
– after that they let the normal' people come in !!

Free with a Bash About wrist-band

Monday Aug 27th

11.00am

Massage Exchange at the Village

Kurfurstenstrasse 31 10785 Berlin

<https://www.village.berlin>

The massage exchange was a brilliant chance for players to get to help each other relax after the rigours of the weekend. Come and mutually explore those aches and pains. Donation appreciated.

2.00pm

Berlin Bruisers 6th Birthday Bash About Picnic

In The Tiergarten ... *just walk into the park opposite ...*

Café am Neuen See Lichtensteinallee 2 10787 Berlin

<http://www.cafeamneuensee.de>

*(If it is wet 'The Picnic' will be held in **Landshuterstrasse 11/12**)*

Come along nursing your heads for the perfect antidote!

Free food for 'wrist-banders' .. make your own picnic ...

Bring drink if you wish.

Not being able to sell alcohol, instead we will be selling special "beer" raffle tickets ... amazingly every ticket seems to win a beer prize – it's extraordinary !

Games, awards, jolly japes ... and plenty of surprises !

3.00pm

Guinness World Record attempt 15 guys from different teams will try "The most rugby passes in 3 mins" - 237 to beat !

4.00pm

The lavish "unofficial" awards ceremony ... who amongst us is "The Greatest Diva"? ... Which forward should win the "Wrecking Ball" award ... And who do you nominate as "The Biggest Slut" ? ... With YOUR help we will name and shame ...

10.00pm

'Tackling Life' – The Berlin Bruiser full-length documentary gets it's Berlin premiere tonight. See the Bruisers as you never imagined them to be ... nearly human. ALL are welcome.

Kino International Karl-Marx Allee 33 10178 Berlin

<https://www.yorck.de/kinos/kino-international>

Tuesday Aug 28th

????????

Recovery ...

You are quite old enough to clean up after yourselves and administer your own painkillers ... Thanks for coming, and let's do it again in two years time - it will take us that long to recover !!

Next stop the Union Cup in Dublin in 2019 !